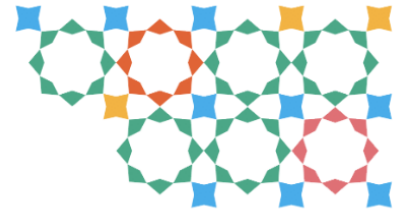


LOOK CLOSER: HANDS-ON ACTIVITY



PAINTING WITH FOOD

What do you see in this image?

This is a page from a book called *Shahnameh* (Book of Kings) that has both legendary and historical stories.

The story of this painting talks about a man called Haftvad who had seven sons and one daughter.

Every day his daughter, along with the other women of the city, used to go to the hills nearby to collect cotton to spin later. One day she saw an apple on the way back and noticed that there was a worm inside it.

She brought the worm home as a sign of good luck, and the same day she could spin twice as much thread as usual! She decided to keep the worm, and every day she could spin even more. Thanks to her good work, her family and her town became very prosperous.

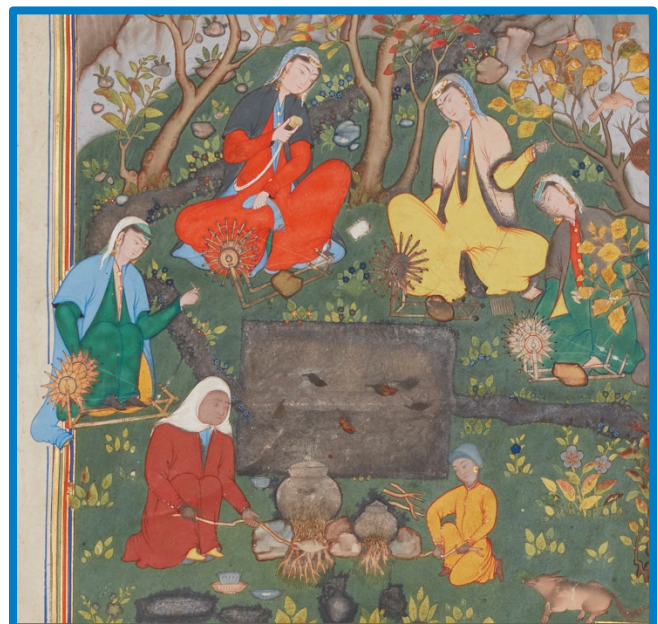
Now let's look at a detail of this painting where Haftvad's daughter is busy spinning.

What do you see here?

What do you think is cooking in the pot?

How do you like to celebrate with food?

Do you like outdoor BBQs with family and friends during the summer?



HANDS-ON ACTIVITY

Let's create a delicious, eatable 'picture' using food items such as fruits and vegetables.

Materials: Any food items.

Arrange the food items to create a beautiful 'picture', perhaps a pattern, a smiley face or a flower?

What story can you tell?

Then make sure you eat it all with your loved ones at the end!

Share a photo with us and tell us how your feast tasted.

Haftvad and the Worm, folio from the *Shahnameh* (Book of Kings) of Shah Tahmasp, painting attributed to Dust Muhammad, Iran, ca. 1540, opaque watercolour, ink, and gold on paper, 45 × 30 cm, AKM 164

